Rearrangement of a polar core provides a conserved mechanism for constitutive activation of class B G protein-coupled receptors

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Running Title: Mechanism of class B GPCR activation

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ABSTRACT

The glucagon receptor (GCGR) belongs to the secretin-like (class B) family of G protein-coupled receptors (GPCRs) and is activated by the peptide hormone, glucagon. The structures of an activated class B GPCR have remained unsolved, preventing a mechanistic understanding of how these receptors are activated. Using a combination of structural modeling and mutagenesis studies, we present here two modes of ligand-independent activation of GCGR. First, we identified a GCGR-specific hydrophobic lock comprising M338 and F345 within the IC3 loop and transmembrane helix 6 (TM6) and found that this lock stabilizes the TM6 helix in the inactive conformation. Disruption of this hydrophobic lock led to constitutive G protein and arrestin signaling. Second, we discovered a polar core comprising conserved residues in TM2, TM3, TM6, and TM7, and mutations that disrupt this polar core led to constitutive GCGR activity. On the basis of these results, we propose a mechanistic model of GCGR activation, in which TM6 is held in an inactive conformation by the conserved polar core and the hydrophobic lock. Mutations that disrupt these inhibitory elements allow TM6 to swing outwards to adopt an active TM6 conformation similar to that of the canonical B2 adrenergic receptor complexed with G protein and to that of rhodopsin complexed with arrestin. Importantly, mutations in the corresponding polar core of several other members of class B GPCRs, including PTH1R, PAC1R, VIP1R, and CRFR1, also induce constitutive G protein signaling, suggesting that the rearrangement of the polar core is a conserved mechanism for class B GPCR activation.

INTRODUCTION

The glucagon receptor (GCGR) is one of the 15 members of the secretin-like family of class B G protein-coupled receptors (GPCRs)(1). Upon activation by binding to the 29 amino acid hormonal peptide glucagon (GCG), GCGR stimulates both glycogenolysis and gluconeogenesis to maintain normal blood glucose levels(2). Given this central role in the regulation of both glucose metabolism and homeostasis, the modulation GCGR signaling has become an active therapeutic target for treatment of type II diabetes and clinical obesity.

Class B GPCRs are defined by a large peptide-binding extracellular domain (ECD) comprising three conserved disulphide bonds(3–5) tethered to a canonical GPCR seven-transmembrane domain (TMD). Thus far, several structures of class B ECDs in complex with their peptide ligands have been determined by X-ray crystallography and NMR(3, 6-11). In addition, two structures of the GCGR TMD in complex with two different small molecule antagonists NNC0640 and MK-0893 have been reported (12, 13). The ability of the GCGR ECD and TMD to fold independently into modular domain structures is consistent with the "two domain" model of class B GPCR hormone binding and activation(9). In the case of GCGR, the ECD has been proposed to be in close contact with the TMD in the ligand-free receptor and this ECD-TMD contact is proposed to be part of a repression mechanism that keeps the receptor TMD in the inactive conformation(14, 15). Ligand binding to the GCGR ECD rearranges the ECD to a "stand up" position and releases the ECD repression of the TMD, which then results in receptor activation. Although the "stand up" activation model fits well with the general framework of the "two domain" mechanism for ligand binding and activation of class B GPCR, it cannot explain the requirement of the ECD in activation of GCGR and GLP-1R(16). In these two receptors, we have shown that their ECDs play a much more direct role in the receptor activation in addition to their role in ligand binding(16). However, the absence of a fullyactivated class B GPCR structure has limited our mechanistic understanding of ligand binding and receptor activation for this important family of receptors.

In contrast to class B GPCRs, class A GPCRs are much better studied with respect to their mechanism of ligand binding and activation. The crystal structure of the β_2 -adrenergic receptor ($\beta_2 AR$)-bound Gs(17) reveals an opening of the cytoplasmic side of the TM bundle, exemplified by a dramatic outward movement of TM6 helix. Similar structural rearrangement has also been observed in the structure of rhodopsin bound to visual arrestin, although with less pronounced outward movement of TM6 helix(18). The outward movement of TM6 is also commonly observed in many agonist-bound class A GPCR structures(19-22), thus serving as a hallmark of class A GPCR activation. In this paper, we present evidence that the conformational swing of TM6 could also serve as the general mechanism of class B GPCR activation. In the case of GCGR, the TM6 is locked in the inactive conformation by a hydrophobic lock and a conserved polar core. Mutations that compromise these structural elements lead to constitutive activation of GCGR regardless of the presence of ligand or the GCGR ECD. Furthermore, mutations in the conserved polar code in several other members of class B GPCRs, including

PTH1R, PAC1R, VIP1R, and CRF1R, also result in constitutive activation, suggesting that the conformational swing of TM6 is also a common activation mechanism of class B GPCRs.

RESULTS

Mutations at F345 are sufficient to induce constitutive receptor activation - Incorporation of a cysteine at F345 near the cytoplasmic side of TM6 has been shown to sensitize GCGR to the positive allosteric modulator BETP (4-(3-(benzyloxy)phenyl)-2-ethylsulfinyl-6-(trifluoromethyl)pyrimidine), leading to ligand-dependent positive allosteric activity similar to that of GLP-1R(23, 24). In addition, F345 near to the binding site of the GCGR antagonist MK-0893(Fig. 1c&1d), thus, we hypothesized that F345 is involved a regulatory element which governs in а conformational switch between the active and inactive states of GCGR (Fig. 1). Using AD293 cells expressing exogenous GCGR as our model system (16, 24), we determined cAMP dependent reporter gene activity as measured for the basal and activated activity of GCGR/Gs signaling in the absence or presence of GCG hormonal peptide. In these experiments, we fused glucagon (residues 1-29) to a long flexible linker and the single membrane-spanning helix of CD8 (25) and co-expressed these chimeric peptides with WT and mutated full-length GCGRs (Fig. 2a). Consistent with the previous report(16), in the absence of any ligand, wild type (WT) GCGR has a very low basal activity and addition of a membrane tethered GCG stimulated about 30-fold increase in cAMP activity (GCG-M in Fig. 2b), which was approximately the same level of activation by exogenous GCG at saturated concentration (1 µM GCG in Fig. 2b). Thus, we can use the membranetethered GCG to mimic saturated concentration of GCG to activate GCGR. Although WT GCGR itself had very low basal activity, substitution of F345 with any of the seven tested hydrophilic amino acids was sufficient to induce significant levels of constitutive Gprotein driven cAMP signaling (Fig. 2c) whereas only four of eight hydrophobic residue mutations increased cAMP signaling levels (Fig. 2d). Interestingly, while the activity of single hydrophilic substitutions at F345 ranged from 2-fold (F345N) to 12-fold (F345K) (Fig.2c, "RBA": fold increase in basal activity of the mutated receptors relative to the basal activity of WT receptor), surface expression levels for most mutant receptors was well below 40% of WT with exceptions of F345S and F345T, which had relative expression levels of 61.0% and 63.8%, respectively (Fig. 2e). In contrast, both F345Y and F345C hydrophobic

mutations increased receptor surface expression levels without inducing any level of constitutive cAMP signaling (Figs. 2d and 2f). We also noted that for the WT GCGR, the basal activity was not dependent upon the surface expression levels or the transfection DNA amounts and remained relatively constant at varying amounts of transfected DNA and surface expression levels (Figs. 2g and 2h). Thus, the constitutive activity of the F345 mutated receptors (e.g. F345K) is not due to higher levels of expression, but is instead the inherent activation property of these mutated receptors (Fig. 2). Furthermore, the activity of WT or mutated GCGRs can be activated by the membrane tethered GCG peptide(16) to similar levels, suggesting that mutated receptors were functionally expressed (Fig. 2). To understand why these hydrophilic mutations influence basal cAMP signaling, we examined the antagonist-bound structure of GCGR (PDB 5EE7)(12) and found that F345 is at the center of a hydrophobic interaction network involving three additional residues: L329 and L333 located in TM5 and M338 located in ICL3 (Figs.1a and 1b). In addition, the conformation of TM6 has been shown to be a key determining factor for the receptor to interact with G-proteins(17)or arrestin(18), thus the activation states of the receptor. Interestingly, the GCGR antagonist, MK-0893, is bound to a cavity near to the F345 position at the TM6(12), resulting in locking the receptor in the inactive conformation (Fig 1c&1d). Thus, we hypothesized that hydrophobic packing mediated by F345 serves as a hydrophobic lock to keep GCGR in the inactive conformation and the hydrophilic residue mutations of F345 destabilize this lock, leading to constitutive activation of the receptor as observed above (Fig. 2).

The F345 hydrophobic lock is a dominant regulator of GCGR activity - To assess contribution of each residue to this newly identified hydrophobic lock, we performed additional mutagenesis screens on L329, L333 and M338 similar to that of F345. As expected, when M338 was mutated to any of the four polar residues tested (M338E/D/R/K), basal cAMP signaling increased significantly (7-11 folds higher than the WT, Fig. 3a) despite a significant reduction in cellular surface expression (~< 40% of WT, Fig. 3c). Of the hydrophobic residues screened, M338P/F/A and to a lesser extent M338V substitutions were able to significantly increase basal cAMP signaling (Fig.3b) and similarly reduced expression levels (Fig. 3d). In contrast, the M338L and M338I mutants did not show any constitutive activity even though they have increased expression levels (Figs. 3b and 3d). Combination of both M338K and F345K mutations

(F345KM338K) further increased the basal cAMP signaling to a level greater than that of any single point mutants tested (F345K or M338K, Figs. 2c and 3a). In contrast to M338 and F345, most residue substitutions at L329 and L333 from TM5 were not able to induce the same levels of cAMP signaling as mutations at residues M338 and F345 (Fig. 4). Although L333R,

L333D, and L333E mutated receptors had higher expression levels than WT, L333R and L333D did not increase basal and GCG-induced activation, and L333E only induced relatively small increases (1.5 fold) of basal activity. Notably, receptors with L333P, L329P and L329G mutations had sufficient levels of cell surface expression (>25% of WT GCGR), yet they failed to respond to GCG stimulation, indicating that these mutated receptors are most likely nonfunctional because L329 and L333 are located at the end of TM5, and its helical conformation is easily broken by P and G mutations. In addition, structural comparison of active and inactive GPCR pairs, including $\beta 2AR(17)$ and rhodopsin(18), reveals that the major conformational changes are in the TM6 positions (see later in Fig. 8a), whereas the TM5 positions move very little, which may explain why mutations at L329 and L333 from TM5 have less effect on the basal activation of the receptor than the mutations at TM6.

For full-length GCGR, the ECD has been shown to be required for receptor activation in addition to its activity in ligand binding(16), and an putative ECD-TMD interaction was proposed as one of the major forces to keep the receptor in inactive conformation(14, 15, 26). To probe the relationship between the hydrophobic lock and the ECD, we introduced the ECL3 mutation which replace the ECL3 of GCGR with ECL3 of glucagon-like peptide-1 receptor (GLP-1R) and another mutation Y65A to GCGR (ECL3 and Y65A in Fig. 5a). Both of these mutations were reported to decouple ECD inhibition of its TMD to promote constitutive cAMP signaling(15). However, as shown in Fig. 5 (ECL3 and Y65A), their basal activities were similar to that of the WT receptor in our assay system, which is much lower than the basal activation induced by mutations in the hydrophobic lock, suggesting that the hydrophobic lock we identified here is the dominant regulator of GCGR activity compared to the ECD-TMD interaction. Furthermore, we expressed ECD truncated receptors containing the M338 or F345 mutations and quantified their cAMP signaling levels (Fig.5a). WT GCGR TMD showed low basal activity that was not further activated by addition of the membrane-tethered GCG (Fig.5a, TMD WT). In contrast, all TMD mutants

exhibited varying degrees of constitutive activities with the F345K mutant having the highest basal activity, which was even higher than that of full-length (FL) WT receptor activated by GCG (Fig. 5a). Cotransfection with the membrane-tethered GCG hormonal peptide did not further increase the cAMP signaling levels of the mutated receptors. Western blot analysis indicated that the surface expression levels of all these mutated TMDs were similar to that of the WT GCGR TMD (Relative expression of TMD-G in Fig. 5b). Taken together, these results suggest that mutations at residues M338 and F345 can induce the receptor TMD activation regardless of the presence of the receptor ECD.

Constitutive G protein mutants led to constitutive arrestin recruiting activity - Next we sought to evaluate whether the mutations in M338 or F345 that cause constitutive G protein signaling could also result in β -arrestin1 recruitment to GCGR(27). To quantify interaction between GCGR and β -arrestin1, we adopted a previously developed Tango assay(18) in which the C-terminal tail of GCGR is fused with a tobacco etch virus (TEV) protease cleavage site and the transcriptional activator tTA, while β -arrestin1 is fused with TEV protease at its C-terminus. Recruitment of β -arrestin1 to the activated GCGR leads to cleavage at its TEV site and release of tTA to induce expression of luciferase reporter (Fig. 6a). In contrast to G protein-mediated signaling, the arrestin recruitment signal we detected was highly dependent on receptor surface expression levels as the arrestin recruiting signal of WT GCGR increased along with the increase of the surface expression and the amount of transfected DNA (Figs. 6b and 6c). As shown in Fig. 6d, WT GCGR has a basal arrestin recruitment signal and addition of saturated amount of GCG (1µM) induced 4-fold higher signal (Fig. 6d). Because the constitutively active receptors had lower expression levels (Fig. 2e &3c), which affect arrestin recruitment signaling, we increased the amount of transfected DNA for the constitutively active receptor expression constructs (F345R, F345K, F345KM338D and M338D mutated receptor) by 2.4- to 7.2- fold (Fig.6d, Plasmid Increased Fold) to increase their surface expression. Even with the increased amount of transferred DNAs, the expression levels of the M338 and F345 mutants were only 30.4%-54.9% of the WT receptors (Fig.6d, Surf. Expression % of WT). The arrestin recruitment signals, regardless in the absence or presence of 1 µM GCG, were significantly higher than that of the WT receptor (Fig. 6d), indicating that these mutated receptor can also cause constitutive arrestin recruitment activity.

Disruption of a conserved polar core leads to constitutive activation of several class B GPCRs -Sequence alignment of the F345 hydrophobic lock indicates that M338 and F345 are not conserved in other members of class B GPCRs (Fig. 1d). Consistently, the corresponding mutations of M338 and F345 positions in corticotropin-releasing factor receptor type 1 (CRF1R), pituitary adenylate cyclaseactivating polypeptide type 1 receptor (PAC1R), parathyroid hormone 1 receptor (PTH1R) and GLP-1R did not induce any constitutive activity (Fig.7), suggesting that the hydrophobic lock mechanism might only be specific to the GCGR but not applicable to other members of class B GPCRs. To seek a broader mechanism of class B GPCR activation, we performed a structural alignment of the activated β_2 adrenergic receptor (β_2 -AR) bound to the G-protein complex (PDB 3SN6)(28), activated rhodopsin in complex with arrestin (PDB 4ZWJ)(18) and GCGR (PDB 5EE7)(12) in its inhibited conformation (Fig. 8). Comparison of these three receptor states reveals that the most pronounced change is the outward swing of TM6 with residue T351 serving as a pivotal point (Figs. 8a and 8b). Inspection of the inactive GCGR structure reveals that T351 forms a hydrogen bond with Y400 from TM7(Figs. 8c and 8d). In addition, Y400 from TM7 form a stacking interaction with H177 from TM2, which itself forms a hydrogen bond with E245 from TM3 (Figs. 8c and 8d). Sequence analyses indicate that all four residues are 100% conserved in class B GPCRs (Figs. 8e-8h), suggesting that these four residues form a conserved polar core within the bottom of the TMD bundle. Importantly, H223 and T410 of PTH1R, analogous to H177 and T351 of GCGR, respectively, were previously identified as mutational hotspots in patients with Jansen's Metaphyseal Chondrodysplasia arising from constitutive ligand-independent PTH1R activation(29, 30). In addition, we found that the corresponding T351 residue is conserved in rhodopsin (T251) and β_2 AR (T274) and are located at the same critical pivotal point of the TM6 hinge (Fig. 8b). Together, these observations lead us to hypothesize that the conserved T351 polar core plays a critical role in receptor activation by locking TM6 in the inactive conformation.

To test the role of T351 in GCGR activation, we performed a mutational screening similar to that of F345 and assessed differential cAMP signaling levels and arrestin recruiting activities. Consistent with previously reported mutational screening at the corresponding residue in PTH1R, T410, most amino

acid substitutions at T351 in GCGR were sufficient to induce robust levels of ligand-independent cAMP signaling ranging from 34-fold (T351M) to 2-fold (T351Q) above the basal level of the WT receptor without comprising the GCG- stimulated signal (Fig. 8a) despite significant reductions in surface expression levels (Fig. 9b), suggesting that threonine at this position functions to constrain the receptor in the inactive conformation. Basal cAMP signaling of cells expressing mutant receptors (M, V, C, I, A) reached up to 100-160% of the levels obtained with WT GCGR that had been stimulated with membrane tethered GCG peptide, indicating that these mutated receptors can achieve full activation of the G-protein signaling in a ligand-independent manner. An interesting phenomenon was that the positive charged residue mutations (T351R and T351K) can produce activation preserve constitutive and GCG-M responsiveness despite very low membrane expression (4.9 and 8.6% of WT respectively), while negative charge mutations (T351E and T351D) not only failed to cause constitutive activation, but also eliminated the response to GCG-M despite better levels of expression (22% and 14% of WT, respectively (Fig. 9a). Further inspection of inactive GCCR structure(12) (PDB:5EE7), T351D/E could act as a hydrogen bond acceptor to the hydroxyl group on Y400, locking the receptor in an inactive conformation. In addition, T351D/E mutation could cause the charge repulsive with another polar core residue E245, which could totally destabilized the polar core and result in a nonfunctional receptor that cannot be activated by the tethered GCG. In contrast, T351R/K could act as a hydrogen bond donor (or participate in cation-pi in the case of T351K) to the tyrosine hydroxyl, but due to the side chain length being much longer than D/E, the interaction would require TM6 to be pushed out towards an active conformation. Thus, T351 R/K instead of T351 D/E, mutated receptors tend to be more constitutively active.

In arrestin recruitment assays, we chose the top five mutations (M, V, C, I, A) that induced highest constitutive G protein signal (Fig. 9a) and introduced them to the Tango system. Considering that the arrestin recruiting capacity of the receptor is highly correlated with its surface expression levels (Figs. 6b and 6c) and that these mutated receptors showed dramatic decreases in their surface expression (Fig.9b,12.0%-32.3% of WT), we increased the transfected plasmid DNA 3- to 9- fold relative to the WT receptor to increase their surface expression (Figs. 9c and 9d). Except for the T351C mutant, all these

mutated receptors constitutively activated the arrestin recruitment signal, which was further promoted by addition of GCG (Figs. 9c and 9d). Quantitative analysis showed that the expression levels of these mutant GCGRs were still lower than that of the WT receptor, even though the amounts of transferred DNA were increased (Fig.9c), suggesting that receptor activity negatively correlates with expression. It was interesting to note that the T351C mutation transforms the receptor into a constitutive G protein-biased receptor, which only activates the G protein signal pathway (Fig.9a), but was not able to activate arrestin signaling (Figs. 9c and 9d), even in the presence of a saturated amount of GCG peptide ligand (Fig.9d).

In the inactive GCGR structure, T351 forms a close hydrogen bond with Y400 from TM7 (Fig.10b). The high level of constitutive activity induced by the T351V mutation indicates that the hydrogen bond between T351 and Y400 is critical to the TM6 locking mechanism because the only difference between T351 and T351V is a hydroxyl (-OH) group in the side chain in T351 vs. a methyl group in T351V. To corroborate this observation, we made the Y400F mutation, which removes the hydroxyl group from tyrosine, and found that the Y400F mutated receptor was constitutively active (Fig. 10a). Several other Y400 mutations, including Y400W, Y400M, and Y400L, which were predicted not to form the hydrogen bond with T351, all resulted in constitutive activation of the mutated receptors (Fig. 10a). We also mutated the other two residues H177 and E245 of the polar core. For H177, which is analogous to H223 in PTH1R, which was previously identified as a mutational hotspot in patients with Jansen's Metaphyseal Chondrodysplasia arising from constitutive ligand-independent PTH1R activation(29, 30), H177W and H177R mutations could induce ligand independent activity for GCGR (Figs. 10c and 10d). For residue E245, the E245Q mutation increased 5- fold higher basal activity relative to the WT receptor while the E245F and E245L (as well as H177P) mutations seemed to produce non-functional receptors that were not activated by membrane-tethered GCG and that have very poor expression(Figs. 10c and 10e and 10g). As expected, the surface expression of all these mutations decreased dramatically (Fig. 10g). Collectively, the above data suggest that the packing interactions and hydrogen bonds of the polar core are essential to keep GCGR in the inactive state and mutations that alter this polar core result in either non-functional receptors or constitutively active receptors.

We next sought to determine whether the polar core mechanism is conserved in other members of class B GPCRs. То address this. we mutated the corresponding polar core in five additional members of class B GPCRs: PAC1R, vasoactive intestinal peptide receptor 1 (VIP1R), CRF1R, PTH1R, and GLP-1R. As shown in Fig.11, most mutations of the polar core residues in PAC1R (Figs. 11a and 11b), VIP1R (Figs. 11c and 11d), and PTH1R (Fig. 11g) resulted in constitutively active receptors. Although several mutations in residues T316 and H155 of CRF1R did not alter the basal activity of the receptor, T316V and Y363W mutations did induce significant levels of constitutive activity (Figs.11e and 11f). In addition, mutations in the GLP-1R polar core resulted in non-functional receptors as these mutated receptors did not respond to the presence of saturated concentration of exendin-4 (EX4) (Fig. 11h). Together, these data suggest that formation of the polar core is indeed a conserved mechanism to stabilize the inactive conformation of class B GPCRs, and mutations that compromise this polar core induce constitutive activity of the receptors or result in nonfunctional receptors.

DISCUSSION

In this paper, we have discovered a common mechanism for activation of class B GPCRs through studying ligand-independent activation of GCGR. Although class B GPCRs are an important family of drug-targeted receptors activated by peptide ligands, vet the activation mechanism of which remains largely unknown. This is in great contrast to the much better studied mechanism for activation of class A GPCRs, which revealed a outward swing movement in the cytoplasmic side of TM6 as the hallmark of the receptor activation(18–20, 22, 28). Through comprehensive mutagenesis studies and structural modeling, we have identified a hydrophobic lock and a polar core formed in part by TM6 as the key structural elements that keep TM6 of GCGR in the inactive and closed state. Mutations that disrupt these two structural elements led to constitutive activation of the mutated receptors. Although the hydrophobic lock mechanism is specific to GCGR, the polar core mechanism is conserved in a number of other class B GPCRs that we tested in this paper. Together, these results suggest a common activation mechanism of class B GPCR, which involves the outward movement of TM6 on the cytoplasmic side, analogous to the activation mechanism of class A GPCRs.

The involvement of TM6 in class B GPCR activation has been supported by a number of previous observations. The first example was the activation of GLP-1R by small molecule electrophiles such as BETP, which modifies C347 near the TM6(23). C347R/K mutations in GLP-1R allow activation of GLP-1R by fusion of a non-specific 5 residues linker that is devoid of any GLP-1 sequence(24). The hydrophobic lock residue F345 in GCGR is analogous to C347 in GLP-1R. Thus, it is very likely that the activation of GLP-1R by small molecule electrophiles is mediated by destabilization of TM6 from its inactive state. The second example are the constitutive mutations of H223R and T410P in PTH-1R, which originally discovered to cause Jansen's were Metaphyseal Chondrodysplasia over 20 years ago(30). Mutations in the homologous GCGR residues also caused constitutive activity(31), and several of these constitutive mutations could be reproduced in our current studies. The basis of these constitutive mutations has remained largely unknown due to the absence of activated class B GPCR structures. Inspection of the recently available inactive GCGR structure(12, 13) reveals that H177 and T351 form a polar core with E245 from TM3 and Y400 from TM7. Mutations in E245 and Y400 can also cause constitutive activity of GCGR, suggesting that this polar core is a key structural element that holds TM6 of GCGR in the inactive conformation (Fig. 10). Notably, these four residues that comprise the polar core are 100% conserved in all class B GPCRs and their corresponding mutations in PAC1R, VIP1R, CRF1R, and PTH1R also resulted in constitutive activity of the receptors, suggesting that the polar core is a conserved structural feature to keep class B GPCRs in the inactive state in the absence of their peptide agonists.

The involvement of TM6 movement in class B GPCR activation is analogous to the activation mechanism for class A GPCRs. It was first reported that the mutations in the C-terminal portion of the third intracellular loop next to TM6 of $\beta_2 AR(32)$ and $\alpha_2 AR$ subtypes(33) cause constitutive activity, leading to an agonistindependent activation of the downstream signaling pathways. Particularly for $\beta_2 AR$, mutations in the ICL3 loop near TM6 not only caused the receptor to constitutively activate G-protein signaling, but also promoted the receptor phosphorylation by GPCR kinases and subsequent arrestin recruitment and signaling(32). Both structures of β_2AR complexed with G-protein and rhodopsin complexed with arrestin reveal that the outward movement of TM6 is a common feature of an activated GPCR to engage with

G-protein or arrestin(17, 18). It is likely that the above constitutively active mutations in β_2AR and α_2AR also cause the destabilization of TM6 from the inactive conformational state, similar to the mutations in the hydrophobic lock and polar core of class B GPCRs reported here. Based on these data, we thus propose that both class A and class B GPCRs share a common activation mechanism that involves an outward swing of TM6 from the inactive conformational state.

Although both class A and class B GPCRs share a common TM6 activation mechanism, they have distinct interaction networks that keep the receptors in the inactive state. For most class A GPCRs, it is well known that a conserved "ionic lock" formed by a conserved Arg in TM3 and an Asp or Glu in TM6 is the key element that stabilizes the receptor in the inactive state (34, 35). In the case of β_2AR , mutations of these residues increased constitutive activity(35, 36), and biophysical studies have shown that both full and partial agonists can modulate the structure around the ionic lock(37, 38). Thus, the electrostatic interactions between the ionic lock residues play a key role in controlling the movements of TM6 during the activation process. For class B GPCRs, as reported in this paper, it is the conserved polar core and the GCGR-specific hydrophobic lock that keep the receptor in the inactive state. It is reasonable to assume that ligand-induced activation of class B GPCR may also involve rearrangement of the conserved polar core and/or the hydrophobic lock in the case of GCGR.

Even though the polar core is conserved in all members of class B GPCRs, we have noted previously that there is a differential requirement of the receptor ECD for activation of class B GPCRs(16, 24). In the case of GCGR and GLP-1R, the presence of the ECD is required for ligand mediated activation of the receptor, suggesting an ECD-TMD contact during the receptor activation process. As reported in this paper, mutations in the GCGR hydrophobic lock and polar core cause constitutive activation regardless of the presence or absence of the ECD, thus suggesting that these mutations can turn the TMD into the active conformation state. In addition, it was reported that the ECD plays a role in repressing the basal activity of GCGR through a putative ECD-TMD interaction(26), and mutations that disrupt this ECD-TMD interaction in GCGR caused a 5-fold higher basal activity(14, 26). However, we failed to reproduce the higher basal activity of the same mutations in our assay system (Fig. 5), and more importantly, the mutations in the hydrophobic lock and the polar core of GCGR cause much higher levels of constitutive activities (Figs.5a

and 2a and 3a and 8a and 9), which in some cases exceed activation by a saturated level of ligand, suggesting that these two structural elements play a much more important role in the activation of GCGR.

In summary, we have identified a hydrophobic lock and a polar core next to TM6 as two key structural elements that stabilize the inactive state of GCGR, a prototype member of class B GPCRs. Mutations in either structural elements induced constitutive activity of GCGR, with the basal level activity of some mutated receptors exceeding the full level of ligandinduced activation of WT receptor. Based on these data, we propose a mechanistic model of GCGR activation, in which the TM6 is held in the inactive state by the conserved polar core and the hydrophobic lock and activation of the receptor must involve an rearrangement of the hydrophobic lock and the polar core. Importantly, mutations in the conserved polar core of PTH1R, PAC1R, VIP1R and CRF1R, also induce constitutive G-protein signaling, suggesting that the rearrangement of the polar core could serve as a common mechanism for class B GPCR activation.

METHODS

Cloning and mutagenesis - For the cAMP assays, fulllength human GCGR (residues 26-443), CRF1R (residues 23-382), PAC1R (residues 21-421), VIP1R (residues 31-457), GLP-1R (residues 24-429), and PTH1R (residues 27-486) were subcloned into pcDNA6 vector. For all receptors, the membrane signal peptide was replaced with an N-terminal human IgG leader sequence (MGWSCIILFLVATATGVHSE) for membrane localization and a 3xFLAG tag (DYKDDDKDYKDDDDKDYKDDDK) was added to their cytoplasmic tails for immunoblotting. The fusion proteins were expressed in AD293 cells. Site-directed mutagenesis experiments were carried out using the QuikChange method (Agilent). Mutations and all plasmid constructs were confirmed by DNA sequencing.

Cell culture - The AD293 or HTL(18, 24) cell lines were routinely grown in Dulbecco's modified Eagle's medium (DMEM) (InvitrogenTM Life Technologies) supplemented with 10% (v/v) fetal bovine serum (FBS) (InvitrogenTM Life Technologies) in a humidified chamber supplied with 5% CO₂ and 37 °C constant temperature. Cells reaching 80%-90% confluence were detached by trypsin and re-seeded by 4-6 fold dilution in fresh medium for the assays. **Peptide Synthesis** – Human GCG (1-29), PAC27 (1-27), UCN1 (1-40), and exendin-4 (1-39) peptides for assays were synthesized and HPLC-purified by Peptide 2 (USA). Peptides were dissolved in H_2O (20mg/ml in stock).

cAMP accumulation assay - AD293 cells were plated at a density of 5×10^4 per well in 24-well plates one day before transfection. Cells were then transiently transfected using Lipofectamine2000 reagent (Life Technologies) with 50 ng cDNA encoding GPCR, 200 ng CRE-driven fly luciferase reporter and 10 ng TK promoter-driven renilla luciferase which was used as an internal transfection control at a ratio of 2:1 (Lipo 2000 reagent:DNA). The CRE-luciferase we used here is the pGL4 CRE reporter, originally obtained from Promega as a component of cAMP assay kit. Detection of cAMP was performed using the Dualluciferase reporter assay system from Promega according to the manufacturer's instructions with an EnVision plate reader (PerkinElmer). Renilla luciferase was used for normalization. To test the response of the GCGR to exogenous GCG and of VIP1R to exogenous VIP (1-28), we co-expressed 50 ng membrane tethered GCG (1-29) plasmid with 50ng GCGR and 50ng membrane tethered VIP(1-28) plasmid with 50ng VIP1R according to the literature(16, 24). Membrane tethered GCG (1-29) (GCG-M) or VIP(1-28) plasmid (VIP-M), which are the fusion of glucagon (1-29) or VIP(1-28), connected to a long flexible linker (an 5×NG linker followed by a MYC tag (EOKLISEEDL) and 9×NG linker) and the single transmembrane domain of CD8 with sequence ALCWVGIGIGVLAAGVLVVTAIVY-VV(25). of All experiments were performed in triplicates, each transfected independently.

Cell-based assays for detecting *β*-arrestin recruitment signaling (Tango assays) - pcDNA6-based fusion constructs were generated by overlap cloning. From N- to C-terminus, the GCGR tango construct consisted (MGWSCIILFLVof human IgG leader ATATGVHSE), GCGR (residues 26-431) which remove flexible C tail, a tobacco etch virus protease cleavage site (TEV site) and the transcriptional activator tTA (GPCR–TEV–tTA). The β -arrestin 1 tango construct consisted of pre-activated full length β-arrestin 1 with 3A mutation (I386A,V387A,F388A) and fused with TEV protease $(\beta-Arr1(3A)-TEV)$ protease) at its C termini. The HTL cells were seeded in 24-well plates (10,000 cells per well). Upon reaching 15-20% confluence, 10 ng of GCGR-TEVtTA plasmid was co-transfected with 10 ng β-Arr1TEV protease plasmid and 5 ng of phRG-tk Renilla luciferase expression vector using X-tremegene (Roche) at a ratio of 3:1 (reagent:DNA). Twenty-four hours after transfection, cells were incubated with GCG peptide. For the EC_{50} of the peptides to the mutated receptors in tango assays, a series of peptide concentrations ranging from 10 μ M to 0.1 pM prepared in DMEM were added to the cells 16 h before collection. Cells were harvested and lysed in Passive Lysis Buffer (Promega). Luciferase assays were performed as stated above.

Surface expression of full length GCGR - The 293T cells were seeded into 6-well plate at 6×10^5 cells/well. After overnight culture, the cells were transiently transfected with 4 µg WT or mutant GCGR DNA using Lipofectamine 2000 transfection reagent (Invitrogen). After 24 h, 2×10^5 transfected 293T cells were blocked with PBS containing 5% BSA at room temperature for 15 min and then incubated with 1:100 diluted primary antibody (anti-GCGR, Epitomics, Burlingame, CA, USA) at room temperature for 1 h. The cells were then washed three times with PBS containing 1% BSA followed by a 1 h incubation with anti-rabbit Alexa-488-conjugated secondary antibody (1:300, Invitrogen) at $4 \,^{\circ}$ in the dark. After washing, the cells were resuspended in 200 µl of PBS containing 1% BSA for detection in a flow cytometer (AccuriTM C6, BD Biosciences, San Jose, CA) utilizing laser excitation and emission wavelengths of 488 and 519 nm, respectively. For each measurement, approximately 20,000 cellular events were collected and fluorescence intensity of positive expression cell population were calculated.

Western blot for the expression levels of the GCGR with ECD deletion - AD293 cells were split one day before transfection at 10^6 cells per well in a 12-well plate. The next day, cells were transfected with 1 µg GCGR TMD (pcDNA6-GCGR TMD-3xFLAG) using Lipofectamine 2000 (DNA/Lipofectamine 2000 ratio of 1:2). Cells were harvested 24 h later by centrifugation. The supernatant was discarded and pellets were solubilized in cell lysis reagent (Cellytic M, Sigma, St Louis, MO, USA) supplemented with 1 mM PMSF and centrifuged at 16,000 g for 10 min. The resulting supernatants mixed with 2X β -ME loading buffer were run on a standard SDS-PAGE and transferred to a polyvinylidene fluoride membrane. Membranes were blocked with 5% milk in TBST (20 mM Tris-HCl pH 8.0, 150 mM NaCl and 0.05% Tween-20) for 1.5 h and incubated with horseradish peroxidase-conjugated anti-Flag (Sigma M2) antibody or monoclonal anti-\beta-actin antibody produced in mouse (clone AC-15, Sigma), followed by anti-mouse HRP for detection. Western blot signal intensities were quantified by integrating the luminosity curve of selected lanes using Image J(39). The relative surface expression was calculated using the (target band signal intensities)/(corresponding β -Actin signal intensities) relative to WT control.

Statistical analysis - GraphPad Prism software version 5.0 (GraphPad Software Inc, San Diego, CA, USA) was used to fit data to a three-parameter dose-response curve. The statistical significance of all data reported in this paper was determined with Student's t test analyses. The column data are presented as means \pm SD and curve data are presented as mean \pm S.E.M.

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CONFLICT OF INTEREST

The authors declare that they have no conflicts of interest with the contents of this article.

AUTHOR CONTRIBUTIONS

YY and HEX designed the experiments; HEX, KM, and MWW directed the project.; YY, YH, LZ,DY,XC

conducted the experiments; YY, PW,YJ, KM and HEX analyzed the results; YY, PW, KM, M-WW and HEX wrote the paper with comments from all authors.

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Figure 1. A hydrophobic core comprised by L329, L333, M338 and F345 in GCGR. (a) A putative diagram of the human glucagon receptor (GCGR) showing residues that are involved in the hydrophobic patch in this study. The positions of residues L329, L333, M338 and F345 are indicated. (b) Close-up of the hydrophobic lock residues L329, L333, M338, and F345 in GCGR; the yellow dashed lines indicate hydrophobic Van-der-Waals interactions; (c) The structure of inactive GCCR (PDB:5EE7) is in cartoon representation, viewed from the membrane. The MK-0893 antagonist (GCGR antagonist) is shown as red stick model and F345 as green stick model. (d) View as in (c) but rotated 90 degrees to view from the cytoplasm. (e) Alignment of partial amino acids sequences of several representative class B GPCRs shows that the hydrophobic lock is only partially conserved. The blue stars mark the position of these four hydrophobic amino acids. GLP-1R: glucagon-like peptide-1 receptor (GLP-1R), CRF1R: corticotropin-releasing factor receptor type 1, PTH1R: parathyroid hormone receptor 1, PAC1R: pituitary adenylate cyclase-activating polypeptide type 1 receptor.



Figure 2. cAMP signaling and cell surface expression of the F345 mutated GCGR. (a) Cartoon presentation of G protein activation by the full length GCGR when co-expressed with membrane-tethered GCG. (b) Comparison of cAMP signaling of WT GCGR induced by 1.0 μ M exogenous GCG and membrane tethered GCG (GCG-M); (c-d) Basal and membrane tethered GCG stimulated cAMP signaling by WT and F345 mutated GCGR with hydrophilic residues (c) or hydrophobic residues (d). The blue background indicates the basal activity of WT full length GCGR. "RBA": fold increase in basal activity of the mutated receptors relative to the WT. Error bars represent SD of triplicate determinations. Two-tailed Student's t-test was used to determine p-values for data point versus wild type basal activity: ns, P>0.05; *P ≤ 0.05 ; **P ≤ 0.01 ; ***P ≤ 0.001 ; ****P ≤ 0.0001 . (e-f) Cell surface expression of WT and F345 mutated GCGR with hydrophilic amino acids (e) and hydrophobic residues (f). Data are presented as percentage of the WT GCGR expression level. GCG-M: the membrane tethered GCG peptide. (g-h). Correlation of cAMP signal with surface expression levels of GCGR (g) and with amounts of transfected DNA (h). Note that the cAMP signal is relatively constant at varying amounts of transfected DNA and surface expression levels.



Figure 3. cAMP signaling and cell surface expression of M338-mutated GCGR. (a-b) Basal and membrane tethered GCG-stimulated cAMP signaling of WT and M338-mutated GCGR with hydrophilic amino acids (a) and hydrophobic amino acids (b). The blue bars represent the basal activity and red bars represent the activity stimulated by membrane tethered GCG. The blue background indicates the basal activity of WT full length GCGR. RBA: fold increase in basal activity of the mutated receptors relative to the WT. Error bars represent SD of triplicate determinations. Two-tailed Student's t-test was used to determine p-values for data point versus wild type basal activity: ns, P>0.05; *P \leq 0.05; **P \leq 0.01; ***P \leq 0.001; ****P \leq 0.0001. (c-d) Cell surface expression of GCGR mutated with hydrophilic amino acids (c) and hydrophobic amino acids (d) at position M338. Data are presented as percent expression level relative to that of the WT receptor (100%). GCG-M: membrane tethered GCG peptide.



Figure 4. cAMP signaling and cell surface expression of GCGR with mutations at positions L329 and L333 located at TM5. (a-b) The basal and membrane tethered GCG peptide-stimulated cAMP signaling of GCGR with mutations introduced at position L329 (a) and L333 (b). The blue bars represent the basal activity and red bars represent the activity stimulated by membrane tethered GCG. RBA: fold increase in basal activity of the mutated receptors relative to the WT receptor. GCG-M: membrane tethered GCG peptide; blue background: basal activity of the wild type full length GCGR. Error bars represent SD of triplicate determinations. Two-tailed Student's t-test was used to determine p-values for data point versus wild type basal activity: ns, P>0.05, * P \leq 0.001; ****P \leq 0.0001. (c-d) Cell surface expression of GCGR with amino acid substitutions at positions L329 (c) and L333 (d) are shown. Data are presented as percentage of the WT GCGR expression level (100%).

Figure 5



Figure 5. Role of the ECD in the constitutive activation of mutated GCGR. (a) cAMP signal of the GCGR TMD with mutations in hydrophobic lock residues (F345K, M338K and F345K/M338K) or in TM6 F345 (F345W, F345G and F345P), and of full-length GCGR with mutations in ECL3 and Y65. GCG-M: membrane tethered GCG peptide; RBA: fold increase in basal activity of the mutated receptors relative to the WT receptor. Error bars represent SD of triplicate determinations. Two-tailed Student's t-test was used to determine p-values for data point versus the basal activity of the WT TMD: ns>0.05; * ≤0.01; *** ≤0.001; **** ≤0.001. (b) Western blot analysis of WT GCGR TMD or TMD with constitutively activating mutations. All immunoblottings were performed with anti-FLAG antibody for detection and anti-β-actin antibody for normalization. Each lane was normalized by β-actin. Relative expression calculated from the glycosylated band (TMD-G), which roughly represent the surface expression of TMDs, with expression of wild type TMD as 1.00. FL-G: glycosylated full length and WT GCGR.

Figure 6



Figure 6. Mutations that constitutively activate G protein signaling also induced constitutive arrestin recruitment. (a) Diagram of 'Tango assay' to detect arrestin binding through luciferase reporter signals. tTA/TRE-luc reporter signals serve as measure for β -arrestin1 recruitment by WT and mutant receptors. TEV site: tobacco etch virus protease cleavage site; tTA: transcriptional activator. (b-c) Correlation of arrestin recruitment signals with surface expression levels of WT GCGR (b) and with amounts of transfected DNA (c). Note that the arrestin recruitment signals change along with the increasing amounts of transfected DNA and the levels of surface expressed WT GCGR. (d) Basal and exogenous GCG-stimulated arrestin signals by mutant receptors that can constitutively activate the G protein signaling pathway. "Plasmid Increased Fold": fold increase in the amount of transfected DNA based on the difference of surface expression between wild type and mutant GCGR (see Figs. 2c and 3c). RBA: fold increase in basal activity of the mutated receptors relative to the WT receptor. Surf. Expression % of WT: relative surface expression of constructs at the indicated fold amount of transfected DNA. Blue background: basal activity of wild type full length GCGR. Error bars represent SD of triplicate determinations. Two-tailed Student's t-test was used to determine p-values for data point versus the basal activity of the WT GCGR: ns, P>0.05; *P ≤ 0.01 ; *** P ≤ 0.001 ; ****P ≤ 0.001 .



Figure 7. Function of the GCGR hydrophobic lock is not conserved in other class B GPCRs Basal (blue bars) and ligand activated (red bars) cAMP signals of the WT and mutant receptors are shown: CRF1R (a), PAC1R (b), PTH1R (c), and GLP-1R (d). The mutations in different receptors correspond to M338D and F347K in GCGR. All ligands were used at saturated levels that were saturated for activation of their cognate receptors.





at TM7 were labeled in blue stick. The red dashed lines indicate hydrogen bonding between polar core residues. (e-h) Sequence alignment of the polar core helices of class B GPCRs: TM2 (e), TM3 (f), TM6 (g), TM7 (h). Purple triangles: conserved polar core residues.



Figure 9. Effect of T351 mutations on GCGR activity and expression. (a) Basal and GCG-stimulated cAMP accumulation by full length WT and T351-mutated GCGR, rearranged by the strength of the basal cAMP signal (from right to left). GCG-M: membrane tethered GCG peptide. Blue background indicates the basal activity of full length WT GCGR. RBA: fold increase in basal activity of the mutated receptors relative to the WT receptor. Error bars represent SD of triplicate determinations. (b) Cell surface expression of full length GCGR with amino acid substitutions at position T351. Data are presented as percent expression levels relative to that of WT receptor. (c) Arrestin signal by mutant GCGRs that produces high basal G protein signal. "Plasmid Increase Fold": fold increase in the amount of transfected DNA based on the difference of surface expression between wild type and mutations (see Fig. 8b). "RBA": fold increase in basal activity of the mutated receptors relative to the WT receptor. Surf. Expression % of WT: relative surface expression of constructs at the indicated fold amount of transfected DNA. The blue background marks the basal activity of full length WT GCGR. Error bars represent SD

of triplicate determinations. Two-tailed Student's t-test was used to determine p-values for data point versus the basal activity of the WT GCG receptor: ns, P>0.05;*P ≤ 0.05 ; **P ≤ 0.01 ; ***P ≤ 0.001 ; ***P* ≤ 0.001 . (d) Dose-dependent arrestin recruitment signals by mutant receptors. All values are means ±SEM of two independent experiments, each conducted in triplicate.



Figure 10. Polar core mutations increase basal GCGR activity. (a, c, e) Basal and membrane tethered GCGstimulated cAMP signals of GCGR with mutations at position Y400 (a), H177 (c) and E245 (e). The blue background marks the basal activity of the wild type full length GCGR. RBA: fold increase in basal activity of mutant receptors relative to WT receptor. Error bars represent SD of triplicate determinations. Two-tailed Student's t-test was used to determine p-values for data point versus the basal activity of WT GCGR: ns, P>0.05; *P ≤ 0.05 ; ** P ≤ 0.01 ; *** P ≤ 0.001 ; ****P ≤ 0.0001 . (b, d, f) Structure of the GCGR polar core in which residues Y400 (b), H177 (d), and E245 (f) are highlighted in green. (g) Cell surface expression of GCGR with substitutions at position Y400, H177 and E245. Data are presented as percent expression levels relative to that of WT receptor (100%).



Figure 11. Polar core presents a conserved mechanism for inactivation of class B GPCRs. (a-b) Basal and PAC27(1-27)-stimulated cAMP signals produced by full length PAC1R with amino acid substitutions at positions T383(a) and H185, Y396 (b). (c-d) Basal and membrane tethered VIP(1-28)-stimulated cAMP signals produced by full length VIP1R with amino acid substitutions at positions T343 (c) and H178, Y388 (d). VIP-M: membrane tethered VIP(1-28). (e-f) Basal and UCN1-stimulated cAMP signal produced by full length CRF1R with amino acid substitutions at positions T316 (e) and H155, Y363 (f). (g) Basal and PTH-stimulated cAMP signals produced by full length PTH1R with amino acid substitutions at position Y459. (h) Basal and EX4-stimulated cAMP signals produced by full length GLP-1R with amino acid substitutions at position T353, H180, and E247. RBA: fold increase in basal activity of mutated receptors relative to WT receptor. Error bars represent SD of triplicate determinations. Two-tailed Student's t-test was used to determine p-values for data point versus the basal activity of the WT receptor: ns, P>0.05, * P ≤ 0.05 ; ** P ≤ 0.01 ; ***P ≤ 0.001 ; ****P ≤ 0.001 .

Rearrangement of a polar core provides a conserved mechanism for constitutive activation of class B G protein-coupled receptors

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